

Laser Therapy delivered by an expert team.

Our physicians are experts in the diagnosis and treatment of complex back, neck, shoulder, hip, elbow and knee conditions. We specialize in musculoskeletal trauma, sports injuries, infections, tumors and congenital disorders. Our physicians employ both surgical and non-surgical solutions to manage complex orthopedic pathology and treat chronic pain.

Our physicians bring this expertise to one of the most effective pain management and recovery tools available today – laser therapy. With quick, dramatic results, and no known side effects, this treatment is often just what's needed to help speed recovery, increase mobility, reduce inflammation and manage pain.



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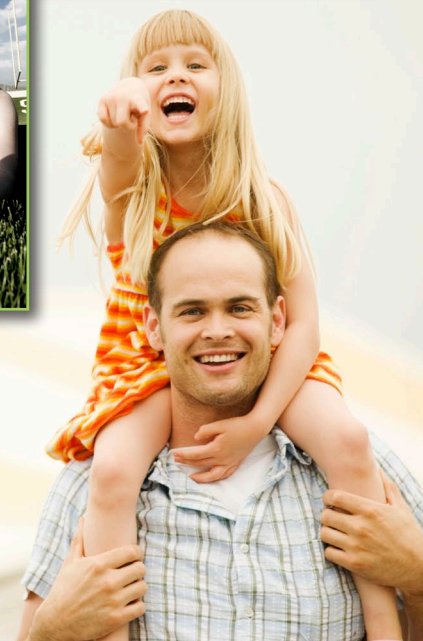
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Laser Therapy



Using advanced Laser Therapy to effectively treat pain and inflammation to get you back to work, play and a pain-free lifestyle.



ABOUT LASER THERAPY

How Does Laser Therapy Work?

The deep tissue therapy lasers used by Spine Specialists of Florida can penetrate six to nine inches deep. The light is infrared, so it is invisible to the eye. When this light interacts with damaged cells, cells become energized and cell function improves, circulation improves, swelling is reduced, healing is accelerated and nerve conduction is slowed for immediate and long-lasting relief from pain.

Will Laser Therapy Work for Me?

No treatment works for everyone, but hundreds of medical journal articles have been written on laser therapy to treat a variety of conditions, and it has become accepted as a safe, effective treatment. Lasers like those used at Spine Specialists of Florida have shown a tremendous success rate in treating the conditions listed in this brochure. Acute injuries

respond the most quickly to treatment. Chronic conditions take longer to respond but often laser therapy will be effective when other treatments are not.

What To Expect At Your First Visit

You should come dressed in loose clothing that allows for direct access to the skin at the area being treated. Our staff will perform an evaluation of your physical condition to determine the best treatment plan. At the end of the evaluation, you will receive some treatment to begin the healing process.

How Does Laser Treatment Feel?

When the laser is applied you will feel a warm sensation on the skin. The light creates a soothing warmth, but is not capable of burning.

How Long Does a Laser Treatment Last?

The duration of your treatment depends on the area being treated. A small area may take only a few minutes; larger areas of treatment may take 8-12 minutes.

Will My Insurance Cover Laser Therapy?

Some insurances cover laser therapy, please call our office if you have questions regarding your insurance coverage.

How Many Treatments Do I Need?

For the most part, the longer a painful condition has been present, the more treatments are needed. If your injury is recent - occurring within the last month, you may need 6 treatments to see significant reduction in pain and swelling. Chronic conditions may require 10-12 treatments for pain reduction.

BENEFITS OF LASER THERAPY:

- Rapid Results
- Non-Surgical
- No Side Effects
- Speeds Recovery
- Increases Mobility
- Speeds Up Physical Therapy
- No Sedation Necessary

LASER THERAPY TREATS:

- Arthritis
- Bursitis
- Sports Injuries
- Sprains and Strains
- Occupational Injuries
- Repetitive Motion Injuries
- Post-Surgical Swelling
- Plantar Fasciitis
- Tendonitis



**Get back to a pain-free life.
Call today.**

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